

Professional Organizations

1. Academy for Eating Disorders
E-mail: info@aedweb.org
Telephone: [847-498-4274](tel:847-498-4274)
Facsimile: [847-480-9282](tel:847-480-9282)

And link to contact form

<http://www.aedweb.org/source/contactAED/>

Academy for Eating Disorders

A professional association dedicated to advancing the treatment, education, research, and prevention of eating disorders. AED members network with global professionals in the field and access exclusive online resources and publications. AED offers public resources to find a professional, participate in research studies, and access eating disorders information and videos.

2. Academy of Nutrition and Dietetics (formerly the American Dietetic Association)
Public Relations/Media
For more information on press materials or to interview an Academy spokesperson:
Phone: ext. 4806
E-mail: media@eatright.org

Academy of Nutrition and Dietetics (formerly the American Dietetic Association)

The largest global organization of food and nutrition professionals. Student and professional members can access a multitude of programs, products, and services. The public can view a wealth of information on food, nutrition, and physical activity as well as seek assistance from a Registered Dietitian. Other health professionals can collaborate with nutrition professionals and access many resources such as the Academy's position and practice papers.

3. American Obesity Association
Executive Director
Francesca M. Dea, CAE
fdea@obesity.org

American Obesity Association

The Obesity Society is a scientific society focused on the study of obesity. Scientists and clinicians have access to multiple resources including the official journal, *Obesity*, as part of membership benefits. The website helps the public locate an obesity specialist and offers public education resources.

4. American Psychiatric Association
Contact APA Answer Center
Call Toll-Free: 1-888-35-PSYCH or [1-888-35-77924](tel:1-888-35-77924)
From outside the U.S. and Canada call: [1-703-907-7300](tel:1-703-907-7300)
Email: apa@psych.org

American Psychiatric Association

The world's largest organization of psychiatric physicians. The organization promotes optimal quality care and treatment of individuals suffering from mental disorders. The website caters to physicians, residents, medical students, the public, and researchers. The public can access factual brochures, *Healthy Minds, Healthy Lives* blog, and information on mental illnesses inflicted upon a diversity of people.

5. American Psychological Association
public.affairs@apa.org

American Psychological Association

A scientific and professional organization of psychologists. Provides information on a variety of psychology topics offering research, help, news, articles, and books on a respective topic. The Help Center offers public resources of articles and information on psychological issues. The members section offers membership benefits, testimonials, and information about program areas in science, practice, education, health, and human welfare.

6. Eating Disorders Professionals (IAEDP)
Blanche Williams -Assistant Managing Director & Media Relations Director
iaedp.blanche@gmail.com

Eating Disorders Professionals (IAEDP)

The International Association of Eating Disorder Professionals is a non-profit organization which provides education and certification in eating disorders treatment. Find information about memberships and various certification requirements for health care providers. Additional resources include newsletters, locating IAEDP chapters, and a variety of professional books.

7. ANAD-National Association of Anorexia Nervosa and Associated Disorders
anadhelp@anad.org

National Association of Anorexia Nervosa and Associated Disorders

A non-profit organization dedicated in the prevention and alleviation of eating disorders. ANAD provides access to a list of country-wide treatment centers, a helpline, an online forum, support groups and other programs and services to learn about treatment options. Learn how to get involved through internships, events, and volunteering. Access information on a wealth of resources available through archives, newsletters, conferences, and more.

8. National Eating Disorders Association (NEDA)
For Press Inquiries:
Vicki Greenleaf at Greenleaf & Associates, Inc.
Office: 323-660-5800
Email: vicki@greenleafandassociates.com

National Eating Disorders Association (NEDA)

A non-profit organization which provides help to all individuals affected by an eating disorder. NEDA sponsors programs and events such as an annual conference, educational programs, and NEDA Walks. Access eating disorders information resources and toolkits specialized for parents, educators, coaches, and athletic trainers. NEDA provides an information and referral helpline in addition to research studies and involvement opportunities.

9. National Institutes of Health (NIH)
NIHinfo@od.nih.org

National Institutes of Health (NIH)

A medical research agency, part of the U.S. Department of Health and Human Services, which funds scientific research discoveries that improve health. Access a multitude of health information through websites, newsletters, databases, or hotlines. 27 institutes and centers comprise NIH and provide specific resources on a variety of health conditions.

10. Obesity Action Coalition
(800) 717-3117
(813) 872-7835
Fax: (813) 873-7838
info@obesityaction.org
www.obesityaction.org

Obesity Action Coalition

A non-profit organization dedicated to supporting individuals affected by obesity. Members or non-members can get involved through walks, joining advocacy groups, or serve on working committees. Other sections are dedicated to understanding the complexities of obesity, the childhood obesity stigma, educational resources, obesity treatments, and support resources.

11. Society for Adolescent Medicine
For more information on SAHM's mission and work, e-mail us at atsahm@adolescenthealth.org.

Society for Adolescent Medicine

A multidisciplinary organization of health professionals dedicated to improving the health and well-being of adolescents and young adults. Review information on SAHM's advocacy and policy initiatives, their *Journal of Adolescent Health* publications, and research promotions. Access information on membership types which encompasses a variety of professional disciplines. Professional resources include continuing education, employment opportunities, and grant programs. Resources for teens and families include health information and help finding a professional.

Resources for the Public

12. Anna Westin Foundation
Link broken!

[Anna Westin Foundation](#)

A non-profit organization developed by the Westin family dedicated to support those affected by eating disorders and provide educational information to aid the prevention of anorexia and bulimia. Find detail information about the long-term residential treatment program, The Anna Westin House, in Minnesota. Read interesting information on eating disorders as well as the influence of societal factors. Learn how to begin an eating disorder website to share your personal experience purposively with others. Review information about alternative and complimentary treatments such as music, gardening, and landscaping therapy.

13. Binge Eating Disorder Association
?? This is all I found??
For more information or to become a member contact info@bedaonline.com or call [443.597.0066](tel:443.597.0066).

[Binge Eating Disorder Association](#)

A national organization specialized in helping those with binge eating disorders, their family, friends, and health care providers. Find information about binge eating disorders and other eating disorders, search for providers, and access resources.

14. BodyImageHealth.org
15. Kathy Kater, LICSW
16. 2497 7th Avenue East, Suite 109
17. North St. Paul, MN 55109
18. kathykater@isd.net

- 19.
20. BodyImageHealth.org
21. “Healthy Body Image: Training Kids to Eat and Love Their Bodies too!” is a collection of lesson plans for grades 4-6 based on successful prevention and research programs to promote healthy eating, body image, fitness, and weight among developing children. The website provides the Model for Healthy Body Image which challenges the cultural myths that foster body image, eating, nutrition, fitness, and weight problems. Many helpful resources and readings for health educators, professionals, and parents may be downloaded for educational purposes.

15. Bulimia Nervosa Resource Guide
Media contact
Laurie Menyo
PR/Communications Manager, ECRI Institute
T: (610) 825-6000 ext. 5310
F: [\(610\) 834-1275](tel:6108341275)
lmeyo@ecri.org

Bulimia Nervosa Resource Guide

This website is a comprehensive resource guide for family and friends to access a wide range of information on bulimia nervosa. Patients who are seeking treatment for bulimia nervosa can find an evidence-based report on the efficacy of various treatments. Find answers to your questions on all aspects of the bulimia treatment process.

16. Eating Disorders Coalition
720 7th Street NW
Suite 300
Washington, DC 20001
Email: manager@eatingdisorderscoalition.org
Phone: [202-543-9570](tel:2025439570)

Eating Disorders Coalition

The Eating Disorders Coalition supports research, policy, and action to recognize eating disorders as a public health priority. Join many of the member organizations or make a donation. Find information on legislative efforts, congressional briefings, or join the Letter Writing Campaign to help pass the FREED Act. Also find general information and resources on eating disorders such as fact sheets, articles, and videos.

17. Eating Disorders Treatment Help: A Toolkit
Link: <http://edtreatmenthelp.org/contact.html>

Eating Disorders Treatment Help: A Toolkit

The Eating Disorders Treatment Help Toolkit is a public service which provides resources for patients, families, clinicians, health professionals, and attorneys or all those who advocate for individuals with eating disorders. Find resources on how to communicate with insurance companies, how to determine appropriate levels of care, and how to appeal denials of care from insurance companies.

18. Eating Disorder Videos link at AED--see AED above

Eating Disorder Videos link at AED

The Academy for Eating Disorders website provides useful eating disorders videos. Professional experts are featured in several videos discussing a range of topics concerning eating disorders.

19. EDReferral.com
edreferral@gmail.com

EDReferral.com

A comprehensive and simple database search engine for anorexia, bulimia, and other eating disorder treatment professionals. Aside from the directory service, treatment providers can join as members and individuals affected by an eating disorder can access a variety of articles.

20. The Elisa Project

Link to contact

<http://www.theelisaproject.org/contact-us.cfm>

The Elisa Project

The Elisa Project is an excellent reference for any one wanting to gain a wealth of knowledge in eating disorders. The learning section offers basic information on types of eating disorders, causes, impact of eating disorders in males, prevention, treatment options, and help for family and friends. The website offers a list of several community programs to become involved in. Additionally, the professional education section lists events and informative toolkits. The website also offers help finding treatment centers, support groups, and clinical trials in select states.

21.Families Empowered and Supporting Treatment of Eating Disorders

www.FEAST-ED.org

P.O. Box 331

Warrenton, VA 20188

PH 540-227-8518

FEAST

Feast is an international non- profit organization devoted to providing both professionals and the lay public up to date information about eating disorders. From the FEAST homepage caregivers can access a multitude of resources, including a parent/family/caregiver moderated forum, peer reviewed papers, information about clinical trials and links to other resources. This site has excellent information.

22.HUGS International Inc.

Link to contact

<http://www.hugs.com/ContactUs/tabid/98/Default.aspx>

HUGS International Inc.

HUGS For Better Health is a Canadian-based advocacy group founded in 1987 by Registered Dietitian, Linda Omichinski, to help promote the non-diet mentality amidst a pro-dieting society. The website offers access to resources and books such as “You Count, Calories Don’t,” “Tailoring Your Tastes,” and “Staying Off the Diet Rollercoaster.”

23. Insurance Help for Families from NEDA
see above for NEDA

[Insurance Help for Families from NEDA](#)

A source from NEDA’s toolkits for parents, this compilation is intended to guide those who need help accessing care or what to do when insurance companies deny coverage for eating disorder treatment. The research information comes from the ECRI Institute and experienced parents and treatment providers. Get help by following the 8 simple, comprehensive steps.

24. National Association for Males with Eating Disorders, Inc.
(N.A.M.E.D.)
Christopher Clark
Executive Director
N.A.M.E.D.
118 Palm Dr. #11
Naples, FL 34112
[239-775-1145](tel:239-775-1145)
[877-780-0080](tel:877-780-0080)
Chris@NAMEDEinc.org

[National Association for Males with Eating Disorders, Inc. \(N.A.M.E.D.\)](#)

The National Association for Males with Eating Disorders, Inc. is the only organization exclusively dedicated to supporting males with eating disorders. Find a wealth of evidence-based facts covering the same comprehensive information on eating disorders but approached in a different light, catering to males. Aside from the general information on males and eating disorders, find sections about men’s

health, recovery tools including stories and articles, student campaigns, a guide for parents, insurance information, and more.

25. North American Association for the Study of Obesity (NAASO)
Link to contact
<http://www.obesitymyths.com/contact.cfm>

North American Association for the Study of Obesity (NAASO)

The North American Association for the Study of Obesity is a professional organization that supports clinicians and physicians treating obesity. The website aims to shed light on very common obesity myths. Download pdf versions of books expelling the myths about the obesity epidemic.

26. Something Fishy
link to contact
<http://www.something-fishy.org/treatmentfinder/contact.php>

Something Fishy

The Something Fishy website on eating disorders raises awareness and provides support for those affected by anorexia, bulimia, and compulsive overeating. Gain a wealth of information on all aspects of eating disorders. Family and friends can read more about helping their loved ones with eating disorders including some tips on the do's and don'ts. Doctors and patients can access information on lap tests, medications, and professional articles. There are endless links to support networks, resources, and personal poems and stories.

Treatment Providers

27. **[Find a SCAN RD with expertise in Disordered Eating and Eating Disorders](#)**
28. To find a SCAN RD, search the database by city, state, zip code, country, radius (in miles), Dietitian's name, or Dietitian's practice area (DEED).
29. **[EDReferral.com](#)**
30. ***copied from above***A comprehensive and simple database search engine for anorexia, bulimia, and other eating disorder treatment professionals. Aside from the directory service, treatment providers can join as members and individuals affected by an eating disorder can access a variety of articles.
31. **[National Eating Disorder Association Treatment Providers List](#)**
32. An information and referral helpline provided by the National Eating Disorders Association. The helpline is toll free and confidential with volunteers offering support and guidance during the hours 9:00-5:00 pm EST on Monday-Friday.